

# **MAKING LIFE COUNT**

**This is a study on the counting of the omer. Look up these verses and study to show yourself approved. Then do a word search of the Hebrew terms. These attributes of YHWH are used to refine us during the counting of the omer. To know more about these attributes read and listen to the teaching “YHWH’s Top Ten” on the [www.emetministries.com](http://www.emetministries.com) website.**

Leviticus 23:15-16	Devarim 16:9-10	Exodus 19	Acts 2	Joshua 5:10-12
Hebrews 12:6	Ephesians 4:14-15	Isaiah 41:14-15	Isaiah 57:15	Psalm 12:6
Malachi 3:3	1 Peter 1:7	Ezekiel 37:4-9	Isaiah 48:10	Revelation 3:5
Exodus 19:2	Acts 2:1	Psalm 67		

**Love/Kindness (*Chessed*)**

**Humility/Devotion (*Hod*)**

**Vigor/Discipline (*Gevurah*)**

**Foundation/Bonding/Connection (*Yesod*)**

**Beauty/Harmony/Compassion (*Tiferet*)**

**Majesty/Dignity/Worship (*Malchut*)**

**Victory/Endurance/Determination (*Netzach*)**

The Omer is counted every evening after nightfall (approx. 30 minutes after sunset), which is the start of the 'day.' Before counting, stand and say the following blessing:

*Baruch ata YHWH, Eloheinu melech ha-olam, asher kid'shanu be'mitzvo'sav ve-tzivanu al sefiras ha'omer.*

**Blessed are You, YHWH our Elohim, King of the Universe, Who made us holy with His commandments, and commanded us on the counting of the Omer.**

	<b>Chesed</b>	<b>Gevurah</b>	<b>Tiferet</b>	<b>Netzah</b>	<b>Hod</b>	<b>Yesod</b>	<b>Malchut</b>
<b>Week One</b>	Chesed Day 1	Chesed Day 2	Chesed Day 3	Chesed Day 4	Chesed Day 5	Chesed Day 6	Chesed Day 7
<b>Week Two</b>	Gevurah Day 8	Gevurah Day 9	Gevurah Day 10	Gevurah Day 11	Gevurah Day 12	Gevurah Day 13	Gevurah Day 14
<b>Week Three</b>	Tiferet Day 15	Tiferet Day 16	Tiferet Day 17	Tiferet Day 18	Tiferet Day 19	Tiferet Day 20	Tiferet Day 21
<b>Week Four</b>	Netzah Day 22	Netzah Day 23	Netzah Day 24	Netzah Day 25	Netzah Day 26	Netzah Day 27	Netzah Day 28
<b>Week Five</b>	Hod Day 29	Hod Day 30	Hod Day 31	Hod Day 32	Hod Day 33	Hod Day 34	Hod Day 35
<b>Week Six</b>	Yesod Day 36	Yesod Day 37	Yesod Day 38	Yesod Day 39	Yesod Day 40	Yesod Day 41	Yesod Day 42
<b>Week Seven</b>	Malhut Day 43	Malhut Day 44	Malhut Day 45	Malhut Day 46	Malhut Day 47	Malhut Day 48	Malhut Day 49

